

European Exploration Envelope Programme (E3P) Health Research and Applications Opportunities

DOWNSTREAM GATEWAY Space for Earth

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### Health and Human and Robotic Space Exploration



What does space exploration have to do with health?

- Humans in Space Physiological changes, risks & countermeasures
  - Bone & Muscle Loss, metabolic changes
  - Cardiovascular & pulmonary deconditioning
  - Isolation and confinement
  - Ensuring Crew Health during Spaceflight
  - Parallels between spaceflight and terrestrial health
- General effects of microgravity & spaceflight (physical, chemical, biological processes)
  - Altered fluid physics
  - Alterations in Biological Systems
  - Unique scientific knowledge, use of knowledge for terrestrial applications



Space

Microgravity

Vacuum

Isolated Environment

Radiation

### **European Exploration Envelope Programme (E3P)**

Continous Human Presence in Low Earth Orbit





Science (SciSpacE Element)

#### **Technology to Enable Exploration (EXPERT Element)**

















**Robotic Exploration** 

of Mars



### **E3P Entry Points: How to get access**



### **SciSpace Programme**

### **Commercial Service Providers**

#### **Business in Space Growth Network**



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### E3P SciSpacE Research Platforms





## SciSpacE Activities relevant to Health



#### Human Physiology Research

- Physiological and Psychological Research on ISS Crew members
- Bedrest Studies
- Isolation Studies
- Countermeasures







- Applied Life Science Research
  - Wound Healing, Ageing,
  - Personalised medicine,
    Nutrition

#### SciSpacE Research Community

- 1500+ Scientists
- Cross-disciplinary
- Research networks

#### **Science Data Center**

- (in development)
- Publications Links
- Access to data from

#### previous experiments

#### **Biology Research**

- Flight and Ground studies on medically
  relevant call tissue cultures and animal models
  - relevant cell tissue cultures and animal models
- Technology for tissue / organ culture and transport
- Radiation Research









### Parallels Spaceflight ⇔ Ageing Cardiovascular changes

- Astronauts exposed to microgravity experience a fluid shift towards the head, which is compensated by an overall drop in vascular blood pressure.
- On return to normal gravity orthostatic intolerence is often observed.
- Similarly, orthostatic intolerence occurs in sedentary or elderly patients when standing up.





# Parallels Spaceflight $\Leftrightarrow$ Ageing Cardiovascular changes



Increased arterial stiffness can occur during ageing, this can increase the resistance of blood flow into the brain



The arterial baroreflex gain is increased in some astronauts following spaceflight. Arterial stiffness also altered in astronauts during spaceflight, although results not consistent



5-days Head Down Tilt Bed Rest elevated hormones of the renin-angiotensin-aldosterone system. This could promote vascular stiffness.



 In microgravity contractability of isolated vascular myocytes (muscle cells in vascular wall) due to reduced Ca2+ channel expression



Dabertrand, et al J Appl Physiol (2012)

### Commercial Access to Space: Currently Available European ISS Commercial Services



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# The Business in Space Growth Network To Space, Together



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